

How to Wash Your Hands:



Wet hands with warm water.

Apply liquid soap.



Rub hands including wrists, between fingers, webbing and around thumbs.

Wash hands thoroughly while counting slowly from 1 to 10.



Rinse your hands while slowly counting from 1 to 10.



Turn the tap off with paper towel.

Dispose of paper towel in a lined bin.



Dry hands well with new paper towel.



Dispose of paper towel in a lined bin.



This Procedure relates to the Centre's
"Hand Washing Policy"

Source:

Victoria Health http://www.health.vic.gov.au/foodsafety/downloads/hand_wash_poster.pdf

ACT Health - Health Protection Service, Phone: 6205 1700

Staying Healthy in Childcare – Preventing Infectious Diseases in Childcare – Fourth Edition